

When Men's Sheds thrive they change men's lives.



Find out more and locate your nearest shed at www.menssheds.org.uk

A Men's Shed is a bit like a shed at the end of a garden. Some of the activities are the same, but the space is often bigger and for the benefit of a community of local men.

When men come together to connect, converse and create, they stay healthier for longer, both mentally and physically.

Your nearest Shed is:

Mr Robert Jones
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