

Home
START

Support and friendship
for families

BE AMAZING

BE A HOME-START VOLUNTEER!

When you volunteer for **Home-Start Stroud District & Quedgeley**, you'll be a lifeline for a family; helping them get back on their feet and develop the skills they need to cope.

Home-Start Stroud District & Quedgeley is an independent registered charity supporting struggling families with at least one child under five years of age. We recruit and train volunteers and carefully match them with local families.

**NEW VOLUNTEERS
COURSE STARTING
Jan 2019
Apply now!**

OUR NEXT VOLUNTEER TRAINING COURSE STARTS SOON, 10 - 2.30 PM (TERM TIME ONLY)

Our popular Volunteer preparation courses are 40 hours and normally run over 10 weeks. Courses tie in with the school day and you are guaranteed a warm welcome within a group of caring people.

PARENTS AND GRANDPARENTS HAVE THE EXPERIENCE NEEDED TO MAKE GREAT VOLUNTEERS

You can contact us on tel: 01453 297470
email : enquirieshomestartsd@gmail.com
or find our more on: www.homestartsd.org

Find us on
Facebook!

**VOLUNTEER
TODAY!**

We couldn't carry out this vital work without you, so if you are a parent or grandparent and can spare 2-3 hours a week to do something amazing, please contact us.

Every week makes a difference because my volunteer is there for me.

I don't honestly know how we would have coped without Home-Start.

**YOU REALLY WILL BE MAKING A
DIFFERENCE TO FAMILY LIFE**

Home-Start Stroud District & Quedgeley, Annexe 3 The Wheelhouse,
Bond's Mill Estate, Bristol Road, Stonehouse, Glos. GL10 3RF
Charity Number: 1107019. Company limited by guarantee registered in
England 05282500

THANK YOU

Home-Start Stroud District
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W www.homestartsd.org



**Home-Start
Stroud District**

Press Release December 2018

Family support charity in Stroud is looking for more volunteers to meet the growing demand for its support...

Home-Start Stroud District and Quedgeley are reporting a record number of referrals in the last twelve months for their non-judgmental practical and emotional support that they offer to families who for whatever reasons are finding parenting a struggle.

Alex Corgier, is the scheme manager at Home-Start, and says: "Everybody needs a helping hand sometimes and this is particularly true of parents with young children. There are a huge amount of pressures that some local families have to deal with including ill-health (both physical and mental), isolation, bereavement, changes in circumstances, low income and multiple births.

Statutory services are being cut-back which means voluntary community sector organisations like us are finding that there is more and more call for our support. When a family asks us for help or is referred to us, it is our team of trained volunteers who make the difference. This year has been very busy both for our home visiting service and our ante and post-natal groups. We have supported over 250 different families in the last twelve months.

"Home-Start's volunteers are a lifeline for families and there are lots of ways to get involved. You can visit parents and children in their homes, help run a support group, act as a trustee, help fundraise, and so much more. You will be trained and supported by skilled Home-Start staff.

A local family recently supported by us said about his volunteer:

"Sue was the one person who stayed to help the children and me pick up the pieces. With Sue, I learned to cope as a single parent. Sue has never let us down, she is just brilliant. I am over the moon. For my children, Home-Start has been second to none"

One of our current volunteers who completed her training earlier in the year to become a volunteer says

"It was amazing. Right from the beginning I got on like a house on fire with mum, dad and all the children," says Gail, a single parent with two teenage children of her own.

She visits Sue and her children once a week. Sometimes she's there just to listen and other times she helps out with more practical issues such as getting the family to hospital appointments. With five children in the family this is otherwise almost impossible for the family. Sue says:

"Gail is like a tonic to me. She brightens up the whole house and all the children think the world of her. I can talk about anything with her and know it's confidential."

The next accredited training course to become a Home-Start volunteer begins on January 23rd in Stonehouse.

For more information about the charity and becoming a volunteer please contact the office on 01453-297470 or email enquirieshomestartsd@gmail.com.

Be Amazing... Be a Home-Start Volunteer